

Let's Play! Parks Partnership Challenge

Join us in motivating Family engagement in outdoor play

Our big picture mission is to encourage outdoor play for preschoolers through increasing positive outdoor play experiences and parental engagement and education about outdoor play. We want to:

- Engage families in healthy outdoor routines
- Foster parents' engagement in outdoor play with preschoolers
- Help prevent childhood obesity
- Developing a repository of photos of Alabama's children at play

Pose like a tree



How will WE accomplish our mission?

Dr. Vilches SaPHIRE Play Project will facilitate the Let's Play challenge by:

- Sending out challenges that benefit preschoolers (physical, mental, and emotional) development and will help children and families to accomplish the above aims.
- Partnering with a natural park space for children and parents to complete challenges
- Supplying challenge material
- Helping award a prize to the winner of the challenges of different categories (most creative, best moment captured, to be decided....)

What will families do to participate?

- Participate in weekly challenges (for a month)
- Take photos or videos of challenge results as directed
- Post photos or video results of challenge to an internal site

What will the early childhood center do to facilitate the challenge?

- Promote the challenge
- Provide internal media for challenge photos to be posted on
- Provide a committee to vote to select winners

What will the parks organization do to facilitate the challenge?

- Help select an appropriate park for the challenge
- Promote the challenge

Let's Play Challenges

Pose like a tree



Sing like a bird



Find or imitate a twisty branch



SAMPLE ONLY

Find two things that work together (two kids working together)



SAMPLE ONLY



Run as fast as you can between two things (botanical gardens set up a spot)/ Show your best dance move?



SAMPLE ONLY



Use group to show flock of birds or insects or plants growing together



STAMP
ONLY

Shout like the loudest bird or animal in the park



Be like favorite butterfly, bee, or plant



SAMPLE ONLY

Find a piece of garbage and show us



SAMPLE ONLY

Find a flower, bird, or plant for each color in the rainbow (Red, Orange, Yellow, Green, Blue, and purple) Post your photo!



SAMPLE ONLY

Show the highest point you can touch on a tree (What is the tallest thing you see in the park? Show us how high you can reach on it and snap a picture)



SAMPLE ONLY

See how long you can balance on one foot (maybe on a low raised area like a stepping stone or step)



SAMPLE ONLY

Can you find a small rock? How far can you throw it? Take care to throw away from people!



What is the most beautiful thing you saw in the park? Can you send a drawing of what you saw? (Maybe take a photo to remember it and then use the photo as inspiration for your drawing)



SAMPLE ONLY

Look for a cloud. What shape is the cloud? Does the cloud look like an object, person, or animal? Can you imitate what the cloud looks like?



SAMPLE ONLY